

Important Bicycling Safety Tips

- ✓ **Make it a habit! Six point safety check your bike every time.**
- ✓ **Protect your head. Wear a helmet.**
- ✓ **See and be seen. Stay visible to motorists.**
- ✓ **Stay alert. Listen and Look.**
- ✓ **Obey the rules of the road.**
- ✓ **Use your hand signals.**
- ✓ **Remember that some drivers just don't see you.**
- ✓ **Don't ride in traffic until you can safely negotiate it.**
- ✓ **Avoid riding at night, but if you do, be visible.**
- ✓ **Be predictable. Don't surprise anyone else on the road.**
- ✓ **Prevent bicycle theft. Lock up your bike.**